



The Power of Concentration

Theron Q. Dumont

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TWENTY POWERFUL lessons to stimulate, inspire and bring you into perfect harmony with the laws of success!

We all know that in order to accomplish a certain thing we must concentrate. It is of the utmost value to learn how to concentrate. To make a success of anything you must be able to concentrate your entire thought upon the idea you are working out. Success is assured when you are able to concentrate for you are then able to utilize for your good all constructive thoughts and shut out all the destructive ones. It is of the greatest value to be able to think only that which will be beneficial. Did you ever stop to think what an important part your thoughts, concentrated thoughts, play in your life? This book shows their far-reaching and all-abiding effects. These lessons are very practical and the exercises thoroughly tested. They are arranged so that you will notice an improvement from the very start, and this will give you encouragement. Man is a wonderful creature, but he must be trained and developed to be useful. A great work can be accomplished by every man and woman if they can be awakened to do their very best.

We accomplish more by concentration than by fitness; the person who is apparently best suited for a place does not always fill it best. It is those who concentrates on its every possibility that makes an art of both work and life.

LESSON 1. CONCENTRATION FINDS THE WAY LESSON 2. THE SELF-MASTERY. SELF-DIRECTION POWER OF CONCENTRATION LESSON 3. HOW TO GAIN WHAT YOU WANT THROUGH CONCENTRATION LESSON 4. CONCENTRATION, THE SILENT FORCE THAT PRODUCES RESULTS IN ALL BUSINESS LESSON 5. HOW CONCENTRATED THOUGHT LINKS ALL HUMANITY TOGETHER LESSON 6. THE TRAINING OF THE WILL TO DO LESSON 7. THE CONCENTRATED MENTAL DEMAND LESSON 8. CONCENTRATION GIVES MENTAL POISE LESSON 9. CONCENTRATION CAN OVERCOME BAD HABITS LESSON 10. BUSINESS RESULTS GAINED THROUGH CONCENTRATION LESSON 11. CONCENTRATE ON COURAGE LESSON 12. CONCENTRATE ON WEALTH LESSON 13. YOU CAN CONCENTRATE, BUT WILL YOU? LESSON 14. ART OF CONCENTRATING WITH PRACTICAL EXERCISE LESSON 15. CONCENTRATE SO YOU WILL NOT FORGET LESSON 16. HOW CONCENTRATION CAN FULFILL YOUR DESIRE LESSON 17. IDEALS DEVELOP BY CONCENTRATION LESSON 18. MENTAL CONTROL THROUGH CREATION LESSON 19. A CONCENTRATED WILL DEVELOPMENT LESSON 20. CONCENTRATION REVIEWED

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