



Understanding Post-Traumatic Stress: A Psychosocial Perspective on PTSD and Treatment

Stephen Joseph, Ruth Williams, William Yule

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This book examines the latest developments in theory and research in post-traumatic stress disorder. Drawing on the literature exploring personality and social psychology, it presents an integrative model of psychosocial factors affecting adjustment following traumatic stressors. It serves as an innovative contribution to the area as well as an introductory text. A main feature of the book is a series of





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