



**A picture of a dead horse: Living • Loving •
Laughing • And Spinal Injury (Trevor Herdman's
Autobiography Book 1)**

Trevor Herdman

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A picture of a dead horse: Living • Loving • Laughing • And Spinal Injury (Trevor Herdman's Autobiography Book 1) Trevor Herdman

In 1972 Trevor was an average teenager growing up in the North of England when he had an accident celebrating his 19th birthday. He broke his neck leaving him paralysed from the chest down.

After discharge from Pinderfields Spinal Unit, all Trevor wanted to do was get back to his life of fun, friends, sport and girls (with more than a dash of sex, drugs and rock and roll). He had aspirations and ambitions too, but could he achieve them now his life was so very different? This is not a, 'triumph over tragedy,' or 'woe me' story though. It's funny and frank with enough twists and turns to keep the reader wanting more as Trevor's life unfolds.

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