



Combatives: OFFICIAL Field Manual 3-25.150 Hand-to-Hand Combat

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This OFFICIAL field manual 3-25.150 contains information and guidance pertaining to rifle-bayonet fighting and Hand-to-Hand Combat. The hand-to-hand combat portion of this manual is divided into basic and advanced training. This manual serves as a guide for instructors, trainers, and soldiers in the art of instinctive rifle-bayonet fighting. The Hand-to-Hand portion of this field manual contains direct application to civilian "Mixed Martial Arts" conditioning and technique. CHAPTER 1: Introduction CHAPTER 2: Training CHAPTER 3: Basic Ground-Fighting Techniques CHAPTER 4: Advanced Ground-Fighting Techniques CHAPTER 5: Takedowns and Throws CHAPTER 6: Strikes CHAPTER 7: Handheld Weapons CHAPTER 8: Standing Defense CHAPTER 9: Group Tactics APPENDIX A: Situational Training APPENDIX B: Competitions

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