

Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri Ninja Pro, and Ninja Kitchen System Cookbooks)

Lisa Brian

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Get a quick start with your Ninja blender and meet your goals for better health! This book is the first in a series for the Nutri Ninja Pro, Ninja Master Prep, and Ninja Kitchen System Blenders. The book features 101 Superfood Smoothies designed for various health conditions and lifestyles.

The Nutri Ninja Blender Smoothie Book contains:

- 101 Superfood Smoothies for a variety of health conditions and lifestyles
- Sweet smoothies
- Green smoothies
- Weight Loss smoothies
- Detox smoothies
- Anti-Aging smoothies
- Kids smoothies
- Instructions for making the best smoothies you've ever tasted
- Pro tips for using the Ninja series of blenders

Are you interested in attaining better healthy by drinking delicious smoothies? Then this book is for you. All of our smoothie recipes are designed for specific health and lifestyle benefits.



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