



# Doorway to the Sacred: Transform Your Life with Mantra Prayer

*Reverend Stephanie Rutt*

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**Doorway to the Sacred: Transform Your Life with Mantra Prayer** Reverend Stephanie Rutt

This book is a guide to aligning with your inner Sacred and to creating a life of joy that expresses your inner Truth. Specific guidelines are provided for manifesting with mantra prayer as well as a detailed guide for creating your spiritual practice. Breath and mantra practice from across a variety of faith traditions are also included to help you on your journey. The book concludes with numerous stories, from participants in Rev. Rutt's classes over the years, sharing their experiences with mantra prayer.

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