



# **Excel at Sports: Be the Best at Sports, Business & Life with NLP Neuro Linguistic Programming (Excel at NLP Book 1)**

*Jimmy Petruzzi*

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Excel at Sports by Jimmy Petruzzi is a simple, concise and ground-breaking guide to NLP Neuro Linguistic Programming and other techniques that can give you that extra 1%, whether in sports, business or life in general.

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