



Halogen One Pot Cooking

Sarah Flower

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In this book, nutritionist Sarah Flower, author of the bestselling Everyday Halogen Oven Cookbook, shows you how to make delicious one pot dishes in your halogen oven, including tasty meals such as: Whole chicken casserole Roast leg of lamb with roasted vegetables Pan roasted breakfast Mushroom and cottage cheese lasagne Creamy fish pie Pork, apple and cider one pot And comforting desserts such as Apple and cinnamon cobbler Pineapple upside down cake From simple suppers to the perfect roast dinner, this book is a must for halogen lovers.

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