

Integrative Couple Therapy: Promoting Acceptance and Change

Neil S. Jacobson, Andrew Christensen



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Integrative Couple Therapy: Promoting Acceptance and Change Neil S. Jacobson, Andrew Christensen This broad approach to treating couples is based on behavioural therapy, but is technically eclectic, combining techniques which resemble strategic, experimental, ego-analytic and behaviour therapies. The book is research-based and contains much clinical detail for students and practitioners.

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