



Mountain Biking in Boise

Stephen Stuebner

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This 112-page book details 30 mountain biking trails in Boise, Idaho, a lovely Rocky Mountain town located next to 80 miles of jeep roads and singletrack trails in grassy foothills and forested mountains behind Boise. Families will enjoy the best maps available on the city's beloved Boise River Greenbelt, which runs for 17 miles through a series of parks and waterways. Intermediate and expert riders can tackle a wide variety of singletrack loops, killer steeps and technical descents. It's all five minutes or less from downtown Boise, incredible close and convenient. Ride distances range from short easy rides in the lower foothills to epic five-hour journeys featuring 3,000-vertical-foot climbs to the top of the Boise Ridge, followed by raging singletrack descents back to town. Separate chapters on Mountain Biking with Kids, Tips on Coping with Breakdowns, and local history.



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