

## Families and Forgiveness: Healing Wounds in the Intergenerational Family

Terry Hargrave, Nicole Zasowski



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### **Families and Forgiveness: Healing Wounds in the Intergenerational Family** Terry Hargrave, Nicole Zasowski

Families and Forgiveness, Second Edition gives the therapist a working knowledge of the importance of love and trustworthiness, skills to adequately assess hurt and pain in a family, and different techniques and conceptualizations to help family members move to make progress in restoring function to broken identities and senses of safety. The focus consistently points out that the work of forgiveness in any form is possible with every family member and improves the intergenerational health of the family. A reorganized structure efficiently brings the therapeutic focus on love and trustworthiness, and revised case studies and updated interventions provide mental health professionals with practical methods to treat troubled families."

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