



# Counselling Skills In Palliative Care (Counselling Skills S)

*John Davy*

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"The health care professional working in a palliative care setting may be familiar with a professional counsellor working as a member of the care team. They may not always recognise the empowering effect that the use of empathy and counselling skills can have in their own encounters with patients and families. This book will give them the insight they need, the encouragement to apply skills, and the satisfaction that can come from the 'emotional holding' of distress, as well as the practical interventions that are a familiar part of clinical care." - Margaret Potter, Freelance Lecturer/Counsellor, Bereavement Studies

"This is a very empowering book. With its emphasis on all health care professionals having an important role in listening, accepting and eliciting the feelings and fears of patients as they face the end of life. After reading this book, I felt reassured to see some of the ways that I handle these difficult issues illustrated, and stimulated to reflect on alternative ways that might be of help in the future. The text centres around a series of carefully drafted vignettes, which are then skillfully used in the subsequent text to illustrate issues in a grounded and relevant way" - Dr Stephen Barclay, General Practitioner, Honorary Consultant in Palliative Medicine, Health Services Research Training Fellow, University of Cambridge

This book is for people working in palliative care, helping patients and families to manage and live with chronic and progressive illnesses where treatment is no longer aimed at a cure. Palliative care professionals are encouraged to work holistically, viewing themselves and their relationships with patients as significant therapeutic resources in their own right. The authors argue that sensitive counselling skills need to be used effectively by all palliative workers, not just by counsellors. The book discusses the place of counselling skills using an integrative biopsychosocial model of family systems medicine, taking into account interactions between family life cycles, social conceptions of illness and treatment, the psychosocial typology of particular diseases, and family/professional belief systems. Each chapter considers counselling skills in relation to the overall care system (including the professional team and the family), not just the patient with the disease. Ideas are explored through clinical vignettes of common scenarios in palliative care.

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### **From reader reviews:**

#### **Ida Hamilton:**

The reason why? Because this Counselling Skills In Palliative Care (Counselling Skills S) is an unordinary book that the inside of the publication waiting for you to snap it but latter it will shock you with the secret the item inside. Reading this book alongside it was fantastic author who have write the book in such remarkable way makes the content inside easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of benefits than the other book get such as help improving your expertise and your critical thinking means. So , still want to hold up having that book? If I were being you I will go to the book store hurriedly.

#### **Joseph Wilson:**

Are you kind of occupied person, only have 10 as well as 15 minute in your day to upgrading your mind talent or thinking skill possibly analytical thinking? Then you are receiving problem with the book in comparison with can satisfy your limited time to read it because all this time you only find publication that need more time to be learn. Counselling Skills In Palliative Care (Counselling Skills S) can be your answer as it can be read by you who have those short free time problems.

#### **Katherine Velasquez:**

In this age globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher that print many kinds of book. The book that recommended to you is Counselling Skills In Palliative Care (Counselling Skills S) this publication consist a lot of the information in the condition of this world now. This particular book was represented so why is the world has grown up. The terminology styles that writer use for explain it is easy to understand. Often the writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

#### **Kenneth Garrison:**

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