



The Busy Mom's Guide to Spiritual Survival

Kelli B. Trujillo

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Take a fresh look at some classic spiritual practices through the eyes of the busiest people on earth, mothers of small children. You'll find out why these practical disciplines are so important for maintaining a vibrant spiritual life and discover realistic, doable ways to implement them in everyday life--with kids. As a bonus, you'll garner some age-appropriate ideas for fostering spiritual growth in the lives of your children.

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