



Healing The Shadow (2nd. ed.)

Ross Bishop

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Healing The Shadow is about helping people heal their inner woundedness and step into the light. It brings into a modern context thousands of years of shamanic healing practice. Already one of the classics of modern shamanism, this second edition with an additional 130 pages, promises to be an even more effective resource. Healing The Shadow doesn't promise enlightenment, but it will show you how to get there. For thousands of years tribal shaman have helped people deal with the limitations that keep them from enjoying life. In this book, Ross Bishop brings these ancient healing methods to you so you can use them to advance your spiritual growth. While many books make promises, this one delivers. Healing The Shadow is the kind of book you reach for when you need something more to move you to a new spiritual place. Easy to follow and yet spiritually profound, Healing The Shadow has already brought spiritual peace and a more peaceful life to many people, and this second edition promises to do even more. As one spiritual seeker wrote, This is the book that helped me heal a lifetime of pain. Here is what others have said: Healing The Shadow is the most life changing book I have ever read! . . .it has liberated me to live in passion and truly embrace life. . . I have been able to reclaim my essential passion and wholeness. This is the book that changed my life! It is not easy work. . . It is worthwhile work. The Shadow is my Bible. I keep Shadow on my bedstead. I read a little each night before I go to sleep. I met Ross and hoped his book would give me some clue as to how he had gotten to where he was. I am pleased to say, it did!

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