



**The Ultimate Slow Cooker Recipes For Busy & Lazy Vegetarians & Vegans: QUICK, EASY & DELICIOUS, STEP-BY-STEP SLOW COOKER RECIPES FOR People WITH BUSY & ... LIVES (Slow Cooker-Crockpot Recipes Book 1)**

*Martha Stewart*

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## **The Ultimate Slow Cooker Recipes For Busy & Lazy Vegetarians & Vegans**

**Learn How To Create 35 Magnificent QUICK, EASY, DELICIOUS & HEALTHY Slow Cooker Meals From Easy To Find Ingredients.**

**This Book Will Teach You Step-by-Step on How To Create a Wide Variety of Delicious and Healthy Slow Cooker Dishes from Europe, America, the Mediterranean, and Asia**

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The slow cooker became very popular during the 1960s. It is a kitchenware that is valued as a time and energy saver, which enabled people to cook their dishes while they do something else. The use of slow cookers diminished after the microwave was invented. The idea of instant food did not do well for slow cookers. However, its popularity is returning and more people are realizing its great advantage over other kitchen equipment. The moist heat from the cooker prevents the meal from drying out. This is especially advantageous for people who like to add sauces and gravies to their dishes. Many people are experimenting on different crock pot recipes from simple bean stew to elaborate dessert recipes.

The main selling point of using a slow cooker is that it requires little preparation and attention.

## **Here Is A Preview Of What You'll Learn After Downloading Slow Cooker Recipes Kindle book:**

- Science of Slow Cooking
- DOES SLOW COOKING TAKE NUTRIENTS OUT OF VEGETABLES?
- SLOW COOKER RECIPES FOR BUSY-LAZY VEGITERIANS Such as;
- LENTIL SOUP
- MINESTRONE SOUP
- BLACK BEAN SOUP
- TOMATO SOUP
- CORN CHOWDER
- KITCHEN SINK SOUP
- VEGETABLE STEW:
- LASAGNA
- Chinese Hot-Pot
- JAMBALAYA
- CHICKPEA CURRY
- SLOPPY JOES
- STUFFED PEPPERS
- MAC 'N CHEESE
- TACO FILLING
- SPAGHETTI SAUCE
- HOLIDAY STUFFING
- BARBEQUE TOFU
- THAI CURRY
- FRENCH TOAST
- OVERNIGHT OATS
- SOURDOUGH BREAD
- CORNBREAD
- BREAD PUDDING
- SOY YOGURT
- REHYDRATE BEANS
- MULLED CIDER
- BEER-CHEESE FONDUE
- STRAWBERRY JAM
- CHEESECAKE
- CHOCOLATE CAKE
- HOT COCOA
- AZTEC HOT CHOCOLATE

**.....And Many More!**

**You'll Find The Following Main Benefits in This Slow Cooker**

## cookbook.

=> **Each recipe in this cookbook is healthy, tasty and easy to prepare.**

=> Step-by-Step directions for preparing each of the slow cooker recipes that makes the process of cooking much easier and quicker.

=> **Ingredient for every recipe is clearly written with images and measurements are given in very simple and easy to understand manner.**

=> The navigation between the recipes has been made super easy.

=> **The slow cooker recipes kindle book comes with Linked table of contents which made jumping to your preferred and desirable recipe very easy by just clicking on the recipe.**

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