

Midlife Manual for Men Workbook: Finding Significance in the Second Half (Life Transitions)

John Shore, Stephen Arterburn

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Welcome to the Best Years of a Man's Life

Ignore the midlife jokes and stereotypes and see the "middle" years for what they really are: the absolute best phase of life thus far. You might not sense it yet, but all along your life, God has been showing and teaching you everything you need for a great second half. Steve Arterburn and John Shore will help you discover how your past and present and all that you've tried to be is the exact raw material you need to become the man you want to be.

This workbook takes you and your small group deeper into *Midlife Manual for Men* with seven sessions that include bonus information, discussion questions, prayer starters, and more. Use it on your own or better still, with a group of other guys facing midlife. You'll find sessions on the same topics covered in the book:

- Man in the Middle
- He-Man of the Universe
- Son
- Husband
- Provider
- Father
- Face Forward



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Donald Labelle:

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Madeline Cecil:

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