



American Cancer Society Complete Guide to Complementary & Alternative Cancer Therapies

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Written for consumers, patients, and families seeking reliable information about nontraditional therapies, this is a quick and easy guide to the latest information about complementary and alternative methods most commonly available to people with cancer. It includes more than 250 entries covering a broad range of topics, such as herbs, vitamins, minerals, mind/body/spirit, diet and nutrition, physical touch, and biological methods. Each entry provides a synopsis of what the method involves and what effects can occur. Current research findings are explained in brief and understandable language, providing fast access to specific areas of interest.

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