



# **The Farmer's Wife Cookbook: Over 400 Blue-Ribbon recipes!**

*Martha Engstrom*

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## **The Farmer's Wife Cookbook: Over 400 Blue-Ribbon recipes!** Martha Engstrom

Step back into grandma's kitchen, circa 1893. Farm cooking was a tough job, but the results of that labor were completely satisfying: hearty, delicious meals that re-energized tired muscles and warmed the soul. "The Farmer's Wife Cookbook" brings together more than 400 easy-to-follow recipes and variations along with dozens of menus that originated in farm kitchens nationwide between 1893 and 1939. Readers will be able to prepare these meals easily and quickly, as the recipes have been updated to match the conveniences and ingredients of the modern kitchen. As much fun to browse through as it is to cook from, "The Farmer's Wife Cookbook" includes clips of original articles and artwork from "The Farmer's Wife" magazine. It also includes a guide to home canning and instructions for making jams, jellies, pickles, and relishes. Recipes range from drinks and appetizers to robust main dishes and mouth-watering desserts. Included are classic pot roasts, fun jellos, blue-ribbon breads, model potato salads, and old-fashioned pies and cakes. "The Farmer's Wife Cookbook" is sure to satisfy readers in search of the flavors of farm country or those simply on the lookout for a piece of home-baked nostalgia.

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