



**Personal Growth Bundle: Build Confidence,  
Overcome Rejection, Create More Enthusiasm  
(Building Confidence, Live With Passion, Stress  
Reduction, Success Mindset, Influence People,  
Emotional Eating)**

*John Baskin*

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# **Personal Growth Bundle: Build Confidence, Overcome Rejection, Create More Enthusiasm (Building Confidence, Live With Passion, Stress Reduction, Success Mindset, Influence People, Emotional Eating)**

*John Baskin*

**Personal Growth Bundle: Build Confidence, Overcome Rejection, Create More Enthusiasm (Building Confidence, Live With Passion, Stress Reduction, Success Mindset, Influence People, Emotional Eating) John Baskin**

## **Everything In Life Is Based On Decisions We Make**

### **Tools and strategies to step your game up, all in one bundle**

There is one thing that is positively contagious and it makes people want to be around you on a consistent basis because your energy bring out the best in others. That is ENTHUSIASM.

There is also one thing that prevents people from manifesting the things they truly desire, yet they know in their heart going for their desires would generate more happiness in their lives. That roadblock is due to a FEAR OF REJECTION.

Everything that you will be absorbing in these two books will offer effective strategies for both cases:

- 1) Harnessing more enthusiasm
- 2) Overcoming your fear of rejection

## **Life doesn't have to be as complicated as we make it out to be.**

We just the **right strategy** to direct us toward a deeper understanding of what we truly want, what we are willing to do to get it, and how we can get there *effectively and efficiently*.

## **Here is but a dose of what you will learn inside of How to Overcome Rejection:**

- The Reality of Rejection
- Transformation into an Opportunity
- The Two Solutions: Short-Term Relief & Long-Term Relief
- Practicing Introspection
- Knowing Yourself Using The Johari Window

- Celebrating Your Strengths
- Addressing Your Challenges
- Designing Lifestyle

## **Here is what you will find inside of Enthusiasm**

- How to Find Your Passion
- How to be Awe-ful
- How to Overcome Challenges
- How to Boost Self-Confidence
- How to Hyper-focus
- How to Use Sounds, Motion, and Action
- How to Overcome Stress
- How to Create & Reverberate Energy

## **Let's Make Decisions That Empower Our Very Being And Inspire Us To Bring Out The Very Best In Others**

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Tags: Overcome Rejection, How To Overcome Social Anxiety, Emotional Eating, Live With Passion, Build Confidence, How To Handle Rejection, How To Deal With Rejection, Overcoming Rejection, Fear Of Rejection

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The ability that you get from Personal Growth Bundle: Build Confidence, Overcome Rejection, Create More Enthusiasm (Building Confidence, Live With Passion, Stress Reduction, Success Mindset, Influence People, Emotional Eating) is a more deep you excavating the information that hide inside the words the more you get thinking about reading it. It doesn't mean that this book is hard to comprehend but Personal Growth Bundle: Build Confidence, Overcome Rejection, Create More Enthusiasm (Building Confidence, Live With Passion, Stress Reduction, Success Mindset, Influence People, Emotional Eating) giving you thrill feeling of reading. The author conveys their point in specific way that can be understood through anyone who read the item because the author of this e-book is well-known enough. That book also makes your own personal vocabulary increase well. So it is easy to understand then can go with you, both in printed or e-book style are available. We suggest you for having this Personal Growth Bundle: Build Confidence, Overcome Rejection, Create More Enthusiasm (Building Confidence, Live With Passion, Stress Reduction, Success Mindset, Influence People, Emotional Eating) instantly.

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