



Grandiosity and the Empowerment of the Spiritual and Artistic

R. S. Pearson

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"Grandiosity and the Empowerment of the Spiritual and Artistic," is a new book by R.S. Pearson that focuses specifically on how people interested in spirituality and the arts can have certain types of grandiosity. This is the third book authored by Pearson dealing with mental health challenges that face people drawn to spiritual practice. Such people often form part of a "resistant population" to therapy. They may have much to gain from psychological insight, but believe that they have everything they need because of their spiritual practice or artistic abilities. Pearson's book devotes a long chapter on artists, called "Grandiosity and the Empowerment of the Artistic." The book is devoted to the empowerment of the spiritual and artistic, so that by liberation from various character defects, they may be more empowered to give their strengths to others. Focusing on the spiritual and artistic types of grandiosity is important because this is where some of the greatest growth in society can occur. If grandiose artists and spiritually-minded people became more empowered in what they could really do in the world, it would contribute much to society. If the grandiose can have their understanding grow, and develop more empowerment in their lives, they may find that the world needs them, as they believed it did, but in a direct way that has a very present application.

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