



Supreme Confidence: Secrets to Bold and Fearless Living

Deborah Smith Pegues

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From Deborah Pegues, popular author of *30 Days to Taming Your Tongue*, comes a powerful guide to overcoming the core fears that rob both men and women of life's fullness.

Supreme Confidence uses biblical and modern-day examples to help people recognize and overcome insecurity's many guises. Strategies such as resisting intimidation, resting in God's Word, and remembering past victories provide an effective plan of attack on self-doubt. Readers will also discover how to

- value individuality
- establish boundaries
- conquer perfectionism
- empower others
- embrace success

Through Scripture-based principles, heart-searching personal challenges, and healing prayers and affirmations, you will find the path to serenity and security.

Formerly titled *Conquering Insecurity*

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