



# What Telehealth Can Do for You: Electronic and Mobile Health Care in the Connected Age

*Jocelyne Picot*

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*What Telehealth Can Do for You* shows the impact telehealth is having on patients, caregivers and health care professionals worldwide through numerous case studies, examples and stories. From emergency rescues at sea to virtual nursing care after heart surgery, from genetic counselling via videoconference to the growth of mobile health, this book helps you understand the terminology and assess the benefits of technologies bound to play a role in your future. Telehealth can reduce wait times for diagnostic tests, for referrals, and even in emergency departments and it has caused an expansion in patient-centred care and advanced the model of self-care known as participatory medicine. Each chapter has numerous endnotes available in one section near the end of the book. The book contains 12 chapters covering the origins of telehealth, the applications, the technologies, the change from analog to digital and the changing role of the hospital in light of new technologies. A number of stories and real-life examples of telehealth are provided. There are 14 images, some in colour that illustrate telehealth, tele-consultations, mobile health and telemedicine in practice. The book provides information on video teleconsultations, tele-imaging, teleradiology, and little-known applications such as tele-pathology. An index of 16 columns (8 pages) is included. The final chapter emphasizes the need for fitness and some wireless tools used to self-monitor our health signs as we age.

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