



# **The Sugar Junkie Rescue Plan : How To Beat Your Sugar Addiction In 21 Days And Stay Clean For The Rest Of Your Life!**

*Dana Winters*

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Are you addicted to sugar and can't seem to find a way out of your addiction?

This question is most important to millions of people nowadays,

The sugar consumption in our society has grown wildly in the last decades, as with it did the spreading of type 2 diabetes and other related diseases, that are considered now to be of epidemic scale. A huge percentage of the population in the western world are pre-diabetic or diabetic already.

So, do you want to put an end to your addiction and probably save your own life, health and well-being? if so, this is the book for you!

In the "Sugar Junkie Rescue Plan" book we do just that - give you a proven blueprint to stop being a sugar junkie in 21 days, and start living a life of health and freedom from addiction.

The book even provides dozens of recipes to help you plan your meals without feeling deprived of your sugar fix.

Get this book for a test drive and just see how easy it can be to just stop being a sugar slave and start mastering you life and health!

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